

## Highlights of The Dental Network Include:

- No Administrative Forms
  - No Waiting
  - No Limit on Use
  - Discounts on Dentures
  - Discounts on Orthodontics
- and much more!



## Nationwide Network

One of the Nation's  
Largest Provider Panels

Private Practice  
Dentists Included

Substantial Savings

### Disclosures:

1. Please note that THIS IS NOT INSURANCE.
2. The plan provides discounts at certain health care providers for medical services.
3. The plan does not make payments directly to the providers of medical services
4. Plan members are obligated to pay for all health care services but will receive a discount from those healthcare providers who have contracted with the Discount Medical Plan Organization.
5. Discount Medical Plan Organization and administrator:

**CAREINGTON** International Corporation,  
7400 Gaylord Parkway, Frisco, TX 75034  
phone 800-441-0380.

Note to Utah residents: This contract is not protected by the Utah Life and Health Guaranty Association. The program and its administrators have no liability for providing or guaranteeing service by providers or the quality of service rendered by providers.

Quality Dental Care  
at Affordable Rates



## CAREINGTON

International Corporation  
7400 Gaylord Parkway, Third Floor  
Frisco, Texas 75034  
1-800-290-0523  
[www.careington.com](http://www.careington.com)



## Frequently Asked Questions

**Q** **How do I use my dental plan?**  
**A** Please call your dentist to verify that he or she is a participating provider on your plan. For the most current information and weekly provider updates, please visit our website at [www.careington.com](http://www.careington.com).

**Q** **How often can I use my plan?**  
**A** **CAREINGTON** places your care first. There are no limits on how much you can use your plan or visit your dentist.

**Q** **What type of emergency plan do I have?**  
**A** In case of emergency, you should contact your usual network provider. If your provider is unavailable, contact a Member Service representative or visit our website to locate another provider in your area.

**Q** **Can the CAREINGTON plan coordinate with traditional dental plans? If so, how?**  
**A** Yes, **CAREINGTON** can coordinate services with other plans. In order to receive services from **CAREINGTON**, you must first visit one of our providers. After paying the reduced fee, you will then need to file a claim with your insurance company for reimbursement.

**Q** **My dentist isn't currently on CAREINGTON's provider panel. What can I do?**  
**A** Once you let our Member Services department know who your dentist is, we will contact him or her about becoming a provider.

## Partial List of Discounted Procedures

- Root Canal
- Cleanings
- Braces
- Dentures
- X-rays
- Fillings

### Contact Us

Call **1-800-290-0523** between 7:00 a.m. and 7:00 p.m. CST, Monday through Friday, and one of our friendly and professional representatives will assist you, or you may visit our website at [www.careington.com](http://www.careington.com).

### Quality Assurance

Our providers go through an extensive credentialing process to ensure that you are receiving the **highest quality** dental care.

**Questions?**  
**Call 1-800-290-0523**  
**7:00 a.m. to 7:00 p.m. CST,**  
**Monday through Friday**

### Your First Visit

Take time to familiarize yourself with the scheduling, payment, and emergency care procedures of your dentist's office. Also, make sure to contact your doctor to verify that he or she is a participating provider on your plan and present your membership card at every visit.

### Multi-lingual

**CAREINGTON's** language line makes it simple for members to communicate questions about their program or to locate a provider with our Member Service representatives in over 200 languages.

## Facts about CAREINGTON

- Average annual savings of \$1,200 per family
- Save 20 to 50% on most procedures
- When seeing a participating general dentist, payments are due at the time of service
- Visit any participating dentist on our plan and choose to change your provider at any time
- Participating providers located throughout the United States

